



Space out a red, green, yellow and blue cone in a square. Choose a caller who needs to think of a way their friends could move and colour to move to, such as "skip to the blue" or "wriggle to the yellow".

RESOURCES:

4 cones of different colours

Prompt cards for a range of movements

TEACHING POINTS:

Suggest a range of ways the children could move, perhaps printing small pictures as prompt cards if they tend to stick to a limited range of levels or speeds of movements.

MAKING IT HARDER:

- Add more cones some can be duplicate colours.
 Can they make a triangle shape of cones to move within? Or a star?
- Could each cone become a sound they've learnt -"can you hop to mmmmm?

MAKING IT EASIER:

- Stick with one movement to the same colour each time – i.e. hop to blue, slither to green, walk backwards to yellow and spin to red
- Add an adult or an older child to copy from

LINKS TO THE EARLY LEARNING GOALS:

PD, M&H - Children show good control and coordination in large and small movements. They move confidently in a range of ways, safely negotiating space.

M, SSM - Creating different shapes to move within

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