



Stand inside a hoop and lift it up to your hips – this is your spaceship! Can you fly around space, dodging the other space ships?

**RESOURCES:**

4-8 hoops and a marked out area to play in (roughly 4m x 4m)

**TEACHING POINTS:**

Encourage the children to keep their heads up and to be looking forwards to where they will move to next.

**MAKING IT HARDER:**

- Try making a spaceship from a larger hoop
- Make the play space a smaller area
- Could 2 people CAREFULLY work together in one spaceship?

**MAKING IT EASIER:**

- Play the game with fewer children at once
- Move between 2 stationary objects, such as chairs, without touching them

**LINKS TO THE EARLY LEARNING GOALS:**

PD, M&H - Children show good control and coordination in large and small movements. They move confidently in a range of ways, safely negotiating space.

EAD, BI – They represent their own ideas, thoughts and feelings through role play.