



We need to get through the jungle balancing on the vines to stay safe! Draw some chalk lines on the floor – some straight, some wavy and some curly. Can you balance along them? Take your time!

RESOURCES:

Chalk to draw lines (electrical tape works well indoors on carpet)

TEACHING POINTS:

Remind the children to look up from their feet and check where they are going, using their arms out to the sides

MAKING IT HARDER:

- Make sure some of the lines cross. Throw a beanbag from the side onto the lines and balance carefully until they get to it
- Can the children move in any other way along the lines? Hopping, skipping or walking backwards?

MAKING IT EASIER:

- Pair the children up so they have a partner for balancing with
- Draw 2 lines parallel so they can balance with both feet side by side – the wider the easier!

LINKS TO THE EARLY LEARNING GOALS:

PD, M&H - Children show good control and coordination in large and small movements. They move confidently in a range of ways, safely negotiating space

EAD, EUMM – Children use materials and tools experimenting with texture, form and function