



SALLY

Character: Skilful Sally

Adventure 4: Off to the Supermarket

Keywords: movement, control, co-ordination, balance, pushing, pulling, sliding, bouncing, throwing, catching

Link to ELG: Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. (40-60+ months)

Length of Session: 45 minutes

Resources Needed: different sized balls, bibs, hockey sticks, tennis rackets, cones, skittle, domes and beanbags.

Lesson Focus/ Learning Objective

Developing individual control whilst using different equipment.

Success Criteria

- To be able to show control using different equipment.
- Shows different ways of exploring the equipment to show control.

In The Classroom

Explain today's adventure whilst the children are getting changed and which character will be taking us on that adventure... Skilful Sally. Describe the learning objective and the success criteria. Describe the adventure setting. Today we're going to help Skilful Sally by joining her on a trip to the supermarket! Now we are on our way to the store we must help her by listening to the store assistant's instructions. **As children are changed ask them to pair and share with a partner, which equipment they like to use in their PE lesson. From a list you have displayed in the classroom.**

In The Hall – Warm-Up

Activity: Children we're on our way to the Supermarket to get some lunch. However, someone has dropped off their shopping in front of the entrance. We need to look at using different parts of our body to move the shopping. Play a game of 'Body Parts'. Children start in a space with a beanbag each. They must travel around the room lots of different ways like; running, hopping, skipping, backwards etc. When you shout 'Body Parts' the children have to get their beanbag and now listen to you, as you instruct them to show control and balance the beanbag on different parts of their body, i.e. head, neck, arm, shoulder, thigh, foot. **You can use music or a tambourine as the indicator for children to stop and listen to you. Feedback to the children as they show good control whilst balancing the bean-bag on different parts of their body.**

Main Adventure

Activity 1: Children the Supermarket store assistant says there is loads of equipment out the back that needs checking over. He has left it all on the floor for you to have a look at. If you spread out lots of different equipment in the hall for the children to explore, so things like balls, hockey sticks, beanbags, tennis rackets. The idea is the children have to show control in using the equipment. They can explore using different parts of their body. After 5 minutes of exploring the equipment, you can then ask them some questions like; 'Can everybody show me a piece of equipment they can use to show me control with their arms and hands?' Can you now show me some equipment that you can show me control with your feet?' If you try and get the children to show you actions with the correct equipment. You can use good examples that the rest of the group can copy.

Activity 2: Children the Grumpy Grizzly bear is trying to freeze the customers in the store. Show your crazy control to keep your ball safe and set people free. Position the children in a space with a ball each. The children must try to travel around the hall bouncing it or catching it as they move. The children must watch out for the Grumpy Grizzly bear who is trying to freeze the children. You can nominate a couple of children to be the taggers or the teacher. If tagged the child must hold the ball above their head and wait for another child to roll their ball through their legs, to set them free. (Child's name) shows good individual control when operating equipment. They can consistently keep the equipment under control. When do you know you have control of the ball?

Making The Tasks Easier

- Use the TA to provide support.
- Make sure the children have lots of space to practice in.
- Encourage them to use equipment that they are having success with to build confidence.

Making The Tasks Harder

- Challenge the children to have a go with lots of equipment.
- Set individual tasks where appropriate to challenge.

Feed Forward Notes for Next Session:

Notes On Individual Children's Needs:

Names/ Group	Reason	Learning Plan