



SALLY

<p>Character: Skilful Sally</p> <p>Adventure 2: In the Army</p> <p>Keywords: dribbling, travelling, control, spatial awareness, stopping, co-ordination, turning.</p> <p>Link to ELG: Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. (40-60+ months)</p> <p>Length of Session: 45 minutes</p> <p>Resources Needed: footballs, bibs, cones, non-slip spots.</p>	<p>Lesson Focus/ Learning Objective To be able to dribble a football into space.</p> <p>Success Criteria</p> <ul style="list-style-type: none"> • To dribble the ball with control • To dribble successfully negotiating space
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In The Classroom

Explain today's adventure whilst the children are getting changed and which character will be taking us on that adventure... Skilful Sally. See if the children can remember the learning focus from the last adventure. They will need to remember this today, as we're going to need to dribble the ball to find spaces in the hall. Describe the learning objective and the success criteria. Describe the adventure setting. Today we're going to help Skilful Sally by becoming an Army Cadet! Children we must help Skilful Sally complete her training and become a better Army Cadet! As children are changed get them to pair and share with a partner and discuss what they learnt last week.

In The Hall – Warm-Up

Activity: Children we've arrived at the Army's Headquarters to complete their army training. Listen to the Sergeant and follow his instructions. Position the children in a space in the hall with brightly coloured non-slip spots spread out sporadically from children to navigate around. Instruct the children to negotiate space around hall using different modes of travelling (e.g. walking through the tall grass, marching in the parade, crawling through the trenches, jumping over potholes and galloping on their horses). If you reinforce to the children that they need to keep their head up and look for space. If they see a space, they should move into it. Talk to the children about what they need to do if somebody is in front of them (stop or change direction)?



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Main Adventure

Activity 1: The children have some free time before the Sergeant comes to start training, so it's suggested they have a kick around and play with the footballs. Ask all the children to collect a football and start kicking their ball around a designated space outside or in the hall. The children need to show their control from last week, but now need to show how they can move into space with the ball and keep control. If you let them practise and show them how to stop the ball (the easiest way to do this is by putting their foot on top of the ball). **Feedback to the children that they need to look up, from time to time, to see where the space is in the designated area. It is important though that the children still keep control of the ball, as they look to move into different spaces. Why is control important to help us move into different spaces?**

Activity 2: The Army Sergeant has now started today's training and has put some obstacles out in the Army field. If you place some cones and spots spread out in the hall or playground. The children start to now dribble the ball around the designated area, but they now have to listen to the Army Sergeant, as he gives them different commands. The children are instructed to dribble in and out of the equipment and when the Sergeant shouts; 'QUICK, SAFE SPACE NEEDED.' They need to dribble to a piece of equipment and ask the children to put their foot on the ball. You can have fun with the game and give the children 10 seconds to find a piece of equipment and then reduce the time, each time. Or you can also give them commands once they find a cone to tap the top of the ball or play 'body parts' (touch the ball with different parts of their body). **Feedback to the children that when the Sergeant gives his command, they should look up and find a cone, then dribble towards it. How do you know when you are in a safe space?**

Activity 3: Children the Grumpy Grizzly bear is trying to capture the Army Cadets. **Keep your head up and look out for him.** Position the children in a space in the hall with one foot on top of the ball. The children must dribble the football around the hall watching out for the 'Grumpy Grizzly Bear' that is trying to capture their footballs. Children must show good spatial awareness and keep their eyes up so they can see where the Grumpy Grizzly is approaching from and avoid being caught by travelling into space. If caught by the Grumpy Grizzly, the children must stand still with their legs open holding the ball above their head. They must stay stood still until another child passes the ball through their legs to free them. **Why is it important children use small and soft touches as opposed to big and heavy ones whilst travelling in the hall? (Child's name) shows good control when dribbling the football and can keep their heads up showing good spatial awareness.**

Making The Tasks Easier

- Get the children to walk and not run while dribbling the ball.
- Give the children more space to move in.
- Put less obstacles in the way for the children.

Making The Tasks Harder

- Reduce the space children have to move in.
- Increase the number of obstacles for them to dribble around.
- Challenge the children to dribble with different parts of their feet, i.e. sole, inside, outside

Feed Forward Notes for Next Session:

Notes On Individual Children's Needs:

Names/ Group	Reason	Learning Plan