





Character: Handy Harry	Adventure 8: Off to the Racetrack	 Lesson Focus/Learning Objective To be able to bounce a ball whilst moving.
Keywords: bounce, control. Link to ELG: Negotiates space successfully. Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. (40-60+ months)		Success Criteria
Length of Session: 45 minutes Resources Needed: 1 ball for each child, cones, chalks		 To push the ball down with the palm of their hand. To track ball with their eyes. To move slowly, whilst keeping control of the ball.

In The Classroom

We're off to the racetrack today on an adventure with Handy Harry. As children are changed encourage ask them to think about the last time they went on an adventure with Harry and how they were learning to bounce a ball. What were the things they had to remember to do? Get them to practise bouncing an imaginary ball using the success criteria. **Push the ball down with the palm of their hand and track the ball with their eyes.** Describe the learning objective and the success criteria and read the narrative for the adventure setting.

In The Hall – Warm-Up

Activity: 'Speed Game'. Children to move round using different speeds: Speed 1; Walking Slowly, Speed 2; Fast Walking, Speed 3; Jogging and Speed 4; Running. Call out different speeds and the children have to travel round safely watching out for each other at this speed negotiating space. Ask the children during which speed are they travelling with the most control? Why do they think this is? Talk to them about the fact that in today's lesson they are going to be trying to combine being able to bounce a ball whilst travelling round. Which would be the best speeds to do this at? And why?







Main Adventure

Activity 1: The race track is a busy place and exciting place. Set up some race track courses by putting out cones or drawing some circuits on the playground outside. Can children have a go at bouncing their ball round the race track? They have to work carefully to travel in a controlled way so their car doesn't go off the track and crash! Draw or mark our different racetracks like a simple round circle, or a circuit with a few more bends and curves or even a figure of eight circuit. Give the children time to practise bouncing a ball whilst moving slowly round the circuits. Support and challenge the children giving feedback against the success criteria. If children are finding the activity particularly hard, cone off an area where they can practise just doing a single bounce and catch again or do a circuit in which they can roll the ball round instead. Challenge children who are doing well to see if they can travel a little bit faster.

Activity 2: The Grumpy Grizzly has been trying to cause trouble again and has put a lot of hazards out on the racetrack! (add in a few obstacles to the tracks e.g. cones to have to bounce round or diversions off the track that add an extra pathways and difficulty for the children to negotiate round. Can the children choose one of the tracks that they think they can still successfully bounce a ball round? Let them have a go and praise them for correct technique against the success criteria.

Activity 3: Race time: Set up some little relay races where children in small groups of 3-4 can compete against each other to bounce a ball up to a cone and back then swap to the next person. Which team can safely and carefully get their team to complete the relay race first? You can always add variations to this by setting up cones to bounce the ball in and out of as well (more challenging) or letting the children walk with the ball in their hands and just doing a bounce at the start, the middle and the end.

Making The Tasks Easier		Making The Tasks Harder
Use a TA to support less able children.		Challenge the children to go a little bit faster whilst moving.
• Get children to sit down and do a mini bounce and catch up.		 Give them more challenging circuits or obstacles to go round.
• Give less able children simpler circuits or just allow them more time to practice		Can they go round with bouncing a smaller ball?
the bounce and catch from the last lesson.		Use a TA to challenge them, ask questions etc.
Notes On Individual Ch	ildren's Needs:	
Names/Group	Reason	Learning Plan
	www.spor	txplorers.co.uk