





**Character:** Handy Harry **Adventure 3:** Off to the Supermarket

**Keywords:** throw, accurate, target

Link to ELG: Shows increasing control over an object in pushing, patting,

throwing, catching or kicking it. (40-60+ months)

**Length of Session:** 45 minutes

Resources Needed: Various throwing equipment; balls, beanbags,

quoits, hoops, cones, non-slip spots.

# Lesson Focus/Learning Objective

• To be able to throw with accuracy.

#### **Success Criteria**

- To hold the object securely in their fingers or palm
- To have the opposite foot to the arm forward
- To follow through towards the target when the object is released

#### In The Classroom

Handy Harry needs our help today! His mum has asked him to go to the Supermarket with a very long list. He needs our help to get everything from the list and more importantly we have to make sure we put it safely in the trolley and then pack it successfully before he takes it home, otherwise he'll be in trouble with his mum! We are going to need to be able to throw accurately to help him in this adventure. Describe the learning objective and the success criteria then read the narrative for the adventure setting. As children have got changed allow them to practise throwing beanbags into a hoop set up in the classroom. Ask them to think about and also observe other throwing techniques, what seems to be working well for them to throw accurately? Pick out things related to the success criteria such as holding the object securely in their fingers or palm, having the opposite foot to the arm forward, following through towards the target when the object is released.

# In The Hall - Warm-Up

**Activity:** 'What a messy game'! Harry has just walked into a disaster at the Supermarket. The Grumpy Grizzly has been in and has scattered all of the items around the shop and now no-one knows where anything is! (Set up the room so that a variety of equipment is scattered all over the room in different places over the floor. Put four coloured hoops in the centre of the room). To warm up get the children to hunt around, being aware of their own and other's space – and whilst doing so collect all the items. They must then jog to the centre of the hall/playground and standing at a distance you have marked out throw the items back into the hoops to tidy the Supermarket. (You can also encourage this as a sorting activity if you have coloured equipment that matches the colour of hoops e.g. red, blue, yellow, green). **Praise children who are travelling sensibly and being aware of their own space and the space of others, and for children who are managing to throw accurately, based again on the success criteria. Question the children and get them to think about the different ways of throwing they used (underarm, overarm, sling) and which were the most accurate? What style were they using when they managed to get the items in the hoops? How is what they have experienced and learnt going to help them to help Harry in the next tasks?** 







#### **Main Adventure**

**Activity 1:** Now the Supermarket is tidy Harry needs to get all the items off his list into his trolley, you can help him by accurately throwing items from the different aisles. Set up various throwing activities for the children to do using equipment you have in the school (hoops, target mats, nets, spots etc.). The following are suggestions of throwing activities for the children to do. **Aisle 1** – children all have a beanbag and a non-slip spot each and they have to throw the beanbag to try and get it to land on the spot. **Aisle 2** – children to throw Quoits into hoops. **Aisle 3** – children to throw balls into a net/ bucket/ cardboard box. **Aisle 4** – children to throw various equipment to the teacher/TA – who places the items in a big box/ bag and can also give them specific feedback and pointers on their throwing technique based on the success criteria to support them **Give** feedback and support to the children encouraging them to hold the object securely in their fingers or palm, have the opposite foot to the arm forward, follow through towards the target when the object is released. At what point do the children have to release the equipment? For all activities think about the abilities of the children and increase/decrease distances to targets and think about the size/type of equipment and if the child needs an easier or more challenging item.

**Activity 2:** We need to try and get all the items in Harry's shopping bag ready for him to take home to his mum. Throwing challenge competition. Children have to work in teams to throw as accurately as they can, getting all their items (beanbags, hoops, balls etc.) into a hoop. Set up this activity so that children can throw from various positions in the hoop so they don't have to queue. Have enough hoops and equipment, so again all the children are active (e.g. for a class of 30 children have 8-10 hoops). The winning team is the one that throws the most items accurately into their hoop. **You can differentiate this activity with the equipment used and the throwing distances.** 

## Making The Tasks Easier

- Get the children to get closer to each other or the target.
- Use beanbags to make it easier.
- Use a TA to support less able children.

## Making The Tasks Harder

- Increase the distance from the target.
- Give the children a variety of equipment to throw into targets.
- Use abler children to support the others by giving them pointers for accurate throwing

### Feed Forward Notes for Next Session:

# Notes On Individual Children's Needs:

Names/Group	Reason	Learning Plan

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