



SAILING WITH THE PIRATES

Today's Seriously Fun Adventure...

Today children, we are going to be sailing with pirates and with our Sport Xplorer friend Balancing Bella. We are going on an adventure that will take us the next few lessons. We will explore a pirate ship and learn to do what pirates do.

We will learn a dance sequence on the ship that Bella has prepared for us. The dance will help us practise what we have learned in our lessons with Bella. We will skip along the pirate ship, gallop, climb the riggings, turn around in a circle, and freeze to hold different shapes. As the ship moves along the water and crashes over the waves, be careful not to fall overboard! Can you show everyone your best shapes?

Let's try and learn the dance from start to finish. Keep practising!

Next week we will be able to use our own ideas to add to the dance.