

Today's Seriously Fun Adventure...

Today we are going to school with Sport Xplorer Skilful Sally, but it's not a usual day at school – it's going to be a really fun games day! We will start the day with some free play, so you can play with the equipment of your choice and think about the games you can play with a partner.

Next, Sally wants us to play a game of hide and seek to hide from the Grumpy Grizzly, who has appeared again. We will dribble the ball around the room with a racket, but once we see the Grumpy Grizzly, hide in the hoops, where he won't be able to see us.

At lunch time, we will play some games with the other children, in groups. We will try to score goals against the opposite teams, trying to get round the goalkeeper. Remember to use all the skills that Skilful Sally has taught us.

So let's go and have lots of fun!

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