

**Today's Seriously Fun Adventure...**

Today we will be going on a fairy tale adventure in the forbidden forest with Sport Xplorer Skilful Sally.

When we get to the forest, we will see lots of delicious fruits in the trees. We will use our beanbags to knock down the fruits, but we have to be careful not to drop any on the floor or we won't be able to eat them. Can you think of different ways to throw the beanbag up high to reach the fruit?

As we move through the forest, we come to the fairy godmother's house. Inside, the fairy godmother is in her spell cupboard flying around near the highest shelves. She is throwing down ingredients for us to catch, so she can use them in her magic potion. Your task is to catch the ingredients to help her. Remember the catching skills that Skilful Sally taught us.

Further into the forest, we discover a magical fairground. One of the games at the fairground is a coconut shy; we must help Sally to knock over the coconuts, using our super throwing skills. If we can knock over the coconuts, we will find a prize.

Yet again we have to contend with the Grumpy Grizzly. Today he has an ice spell and is trying to freeze us like ice. So watch out! But if you get frozen, don't worry – Skilful Sally can save you, so look for her and get her help.