



SEE YOU AT THE SEASIDE

Today's Seriously Fun Adventure...

Today we are going to the seaside with our Sport Xplorer friend Balancing Bella. We will travel in different ways to get there – we will practise skipping, camel walk, galloping, slithering, hopping and jumping. Can you also guess what seaside object the other children are pretending to be?

Once we get to the seaside we will feel the warm sun on our faces and the sand between our toes. How lovely to feel the sun while we stretch our bodies, wriggling our fingers and toes. We will feel the hush, hush of the waves rolling onto the beach while we find a good spot to lie on our towel to watch the sea.

You will explore the sea, the rockpools, the sand, the sun loungers and sand dunes while at the seaside.

So, off we go and don't forget your bucket and spade!

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