



## Today's Seriously Fun Adventure...

Today we are all army cadets and we are going on an adventure with Skilful Sally. You must listen to the sergeant and follow the instructions.

We will practise marching in the parade. We will be moving around the field, crawling through the trenches and jumping over potholes. We'll be going left, right, forwards and backwards through the fields and trenches. We will even try marching in zig-zag lines and changing directions, and even galloping on our horses!

The important thing is to remember to listen when the sergeant shouts 'ATT-EN-TION!'

The sergeant will today also be putting all the cadets through stage 2 and 3 of their training. Stage 2 will be on the army field and stage 3 on the battlefield.

So, good luck everyone!