



**FREDDIE**

**Character:** Fast Freddie

**Adventure 4:** In the Jungle

**Keywords:** movement, control, co-ordination, awareness, safely, space.

**Link to ELG:** Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles (30-50 months)

**Length of Session:** 45 minutes

**Resources Needed:** non-slip spots, cones and jungle music.

**Lesson Focus/ Learning Objective**

To improve ability to change direction whilst travelling.

**Success Criteria**

- To show awareness of our own space.
- To change direction effectively whilst moving.

### In The Classroom

Explain today's adventure whilst the children are getting changed and which character will be taking us on that adventure... Fast Freddie. Describe the learning objective, success criteria and today's adventure setting. Today we're going into the jungle with Freddie! **As children are changing, ask them to recap on the pointers for successful running from the last adventure with Freddie. If there is space, allow them to practice by doing shuttle runs.**

### In The Hall – Warm-Up

**Activity:** Children, we need to find our way into the jungle so we can visit all of the animals. Children to play 'follow my leader' and focus on changing directions. Place some cones around the hall and gesture at the different cones by pointing at them. The children have to negotiate the cones by going in different directions such left, right, forwards and backwards. The jungle is a long way away, so keep the children going a while until you can see they are visibly getting a little out of breath. **Talk to them about the importance of staying fit and healthy and how Freddie needs to be able to keep running and get to the places he needs.**



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## Main Adventure

**Activity 1: Now we've arrived at the jungle, we are going to spend time exploring and meeting the animals.** The teacher will now introduce the children to all the different animals and we need to observe how they move. The children will now start to travel around the hall successfully, changing direction showing awareness of their own space and avoiding each other and any obstacles. The teacher will call out different animals and the children have to do the movement for each animal. Elephant – (children move with heavy large steps). Tiger – (like Freddie! – Children have to run fast using good technique from what they learnt last session). Snake – (children slide on the floor on their tummies). Gazelle – (children skip with light feet). Parrot – (children run lightly around the room flapping their arms).

**Activity 2: The Grump Grizzly wants to try and capture the animals.** Explain to the children that you will shake a tambourine when he's near so they can change direction whilst they are moving to outwit him. You can also ask the children to move like the animals from the last activity or allow them to choose. When they hear the tambourine they must focus on changing direction but also staying safe and not bumping into one another or any other obstacles. **Praise children who demonstrate good spatial awareness whilst travelling in and amongst other children showing good signs of agility.**

**Activity 3: Luckily, the animals have got rid of the Grumpy Grizzly by making him dizzy.** They will now celebrate all together by doing a jungle dance. Play some jungle themed music and allow the children to move like the animals to the music. They can explore the movements they have learned. Ask the children to think about different ways that they can change direction and negotiate space. As part of the game, every time you stop the music and restart the music they have to think of a new animal they are going to move like.

### Making The Tasks Easier

- Children to be given slower animals to move as.
- Teacher or TA to support children or allow them to copy movements and direction changes.
- Structure a dance for all children to do at the end.

### Making The Tasks Harder

- Children who are more capable to be encouraged to move as faster animals.
- Allow them to work with a partner to think of ways of changing direction during the movement to music.

### Feed Forward Notes for Next Session:

Notes On Individual Children's Needs:		
Names/ Group	Reason	Learning Plan
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