



# Reporting on Children's Progress

## Here is an example for you to use:

\_\_\_\_\_ has been doing really well in Physical Development sessions. Our PE sessions take place following adventures with the 'Sport Xplorers' and this term we've been following adventures with Balancing Bella. \_\_\_\_\_ has really enjoyed these dance and gymnastics sessions and has learnt to be able to negotiate space successfully. To change direction, level, shape and speed within dance. To perform basic Gymnastics core shapes, experiment with different ways of travelling, to jump safely and sensibly and to perform various rolls and balances.

\_\_\_\_\_ particularly enjoyed/ showed a talent for \_\_\_\_\_

\_\_\_\_\_ next steps/ focus is to \_\_\_\_\_

## Statements from all the different Sport Xplorers Characters (40-60 months)

Fast Freddie	Balancing Bella	Handy Harry	Skilful Sally
<ul style="list-style-type: none"> <li>To be able to travel safely negotiating space.</li> <li>To develop their spatial awareness whilst travelling</li> <li>To improve our co-ordination skills</li> <li>To improve our ability to balance successfully.</li> <li>To improve our ability to balance successfully.</li> <li>To be able to run skillfully at varying speeds and avoid obstacles</li> <li>To be able to adjust speed and direction to avoid obstacles</li> <li>To be able develop jumping and landing technique</li> <li>To develop changing direction and use of agility</li> <li>To be able to competently use agility in fun games</li> </ul>	<ul style="list-style-type: none"> <li>To be able to negotiate space successfully whilst exploring different 'space' themed movements</li> <li>To be able to change direction successfully and recognise when they are doing so.</li> <li>To be able to perform basic Gymnastics Core shapes.</li> <li>To be able to perform different ways on travelling</li> <li>To be able to jump safely and sensibly</li> <li>To be able to perform various rolls in gymnastics</li> <li>To be able to perform balances in gymnastics</li> <li>To be able investigate changes in level within their dance</li> <li>To be able investigate changes in shape within their dance</li> <li>To be able investigate changes in speed within their dance</li> </ul>	<ul style="list-style-type: none"> <li>To be able to explore rolling and aiming various equipment.</li> <li>To be able to roll a ball and retrieve it successfully.</li> <li>To be able to throw with accuracy.</li> <li>To be able to throw with power.</li> <li>To be able to throw &amp; catch individually</li> <li>To be able to throw &amp; catch with a partner</li> <li>To be able to bounce a ball.</li> <li>To be able to bounce a ball whilst moving.</li> <li>To strike a ball &amp; send with equipment.</li> <li>To develop hand/ eye co-ordination</li> </ul>	<ul style="list-style-type: none"> <li>To be able to dribble with control while pushing a ball with a racket or stick.</li> <li>To be able to dribble a football into space.</li> <li>To be able to dribble against an opponent.</li> <li>Developing individual control whilst using different equipment.</li> <li>To develop control with a partner while throwing and catching.</li> <li>To be able to pass and receive a football with a partner.</li> <li>To be able to stop and pass a ball with a stick/racket to a partner.</li> <li>To be able to shoot a ball at a target using good accuracy.</li> <li>To be able to kick a football at a target against an opponent.</li> <li>To explore cooperative and group opposed games.</li> </ul>

## Statements from all the different Sport Xplorers Characters (30-50 months)

Fast Freddie	Balancing Bella	Handy Harry	Skilful Sally
<ul style="list-style-type: none"> <li>To be able to travel in different ways around the room confidently and in control.</li> <li>To show spatial awareness whilst moving.</li> <li>To run effectively with control.</li> <li>To improve our ability to change direction whilst traveling.</li> <li>To improve our ability to change speed whilst travelling.</li> <li>To be able to run skilfully at varying speeds and understand the effect activity has on their bodies.</li> </ul>	<ul style="list-style-type: none"> <li>To experiment with different ways of travelling in gymnastics.</li> <li>To climb on equipment safely using alternate hands and feet.</li> <li>To be able to perform basic Gymnastics Core shapes.</li> <li>To enjoy moving to music and join in with movement activities.</li> <li>To be able to move in time to the music.</li> <li>To be able to make up own movement ideas and imitate those of others.</li> <li>To copy and explore different movements.</li> <li>To be able to move in time to the music.</li> </ul>	<ul style="list-style-type: none"> <li>To be able to track objects with their eyes.</li> <li>To be able to handle different sized and shape balls and begin to track them with their eyes.</li> <li>To be able to draw large lines and circles, and roll a ball accurately.</li> <li>To know they effects of activity on their body.</li> <li>To be able to roll and retrieve a ball.</li> <li>To be able to throw and catch with a partner.</li> <li>To be able to bounce a ball.</li> </ul>	<ul style="list-style-type: none"> <li>To explore the use of different equipment and travel different ways with the equipment.</li> <li>To show control while dribbling a ball with different equipment.</li> <li>Explore throwing with different equipment and balances.</li> <li>To understand the effects exercise has on their body.</li> </ul>